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Being safe at school: everyone has the right to feel safe at school

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BEING safe AT SCHOOL

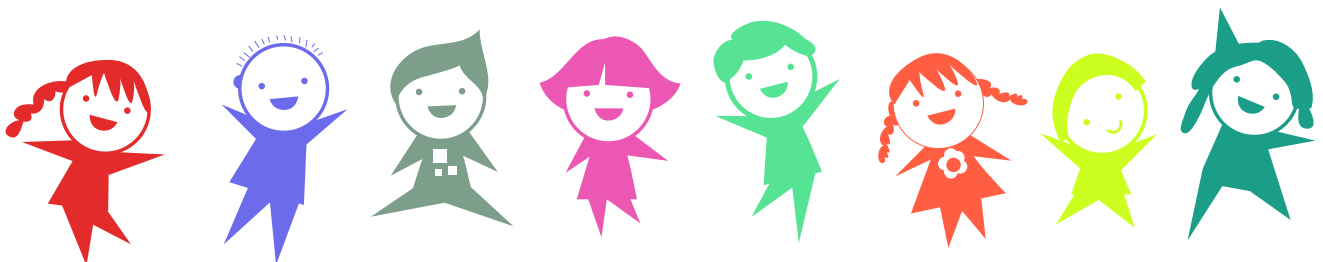
Everyone has the right to
feel safe at school

YOU should feel safe
at school! _____



WHAT DOES IT MEAN TO BE SAFE AT SCHOOL?

- You feel good about going to school
- You feel that people at school care about you
- You know what the rules are
- People listen to what you have to say
- People won't hurt you with words or actions
- If you have a problem people try to help you fix it



There are people who can help you if you don't feel safe.

YOU are not alone. It is not your fault!

WHAT IF YOU DON'T FEEL SAFE?

YOU might feel bad. YOU might feel:

- Sad
- Worried
- Angry
- Depressed
- Afraid
- Sick in your stomach or other parts of your body
- Scared to tell someone how you are feeling
- Scared to go to school on the bus
- Scared of being in the playground



THINGS THAT MIGHT HELP IF YOU ARE NOT FEELING SAFE

- Tell someone you trust
- Talk to your family
- Go somewhere where you do feel safe



WHAT CAN YOU DO IF YOU DON'T FEEL SAFE?

- If someone is acting badly to you tell someone.
Together you can figure out how to make it better
- If you feel that you might hurt another person, tell someone.
Together you can work out what to do

If you don't feel safe, who can you talk to?

You can talk to someone at home.

Who can you talk to at home?



If you don't feel safe, who can you talk to?

You can talk to someone at school

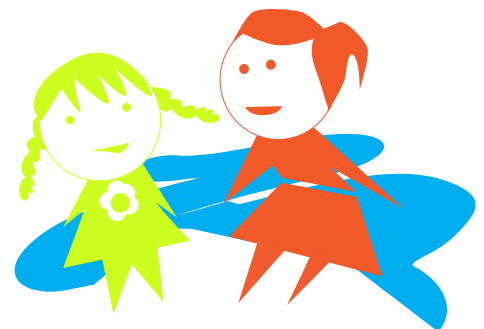
Who can you talk to at school?



If you don't feel safe, who can you talk to?

You can talk to an adult you trust.

Who is an adult you trust?



If you don't feel safe, tell someone!!

And keep asking for help till you get it!!